NEOCUP PERINATAL MEETING 2026
Neonatal and Perinatal Intensive Care Update
09 dicembre 2026 – Sapienza University of Rome

RAZIONALE
The NeoCUP Perinatal Meeting (Neonatal and Perinatal Intensive Care Update) is an international scientific Congress aimed at neonatologists, perinatologists, and healthcare professionals involved in maternal-fetal medicine and neonatal intensive care. The 2026 edition is dedicated to the relationship between nutricion and and neonatal outcomes. The congress aims to: Explore the biological mechanisms through which human milk protects the immature intestine Analyze the pathophysiology of NEC in light of the most recent scientific evidence Discuss evidence-based strategies for prevention and clinical management Promote the translation of research findings into daily clinical practice The congress encourages critical discussion of clinical uncertainties, review of international literature, and improvement of maternal and neonatal outcomes through continuous education and scientific collaboration.

PROGRAMMA SCIENTIFICO
09 dicembre 2026

09:00 – 09:30 | Opening Remarks and Welcome

INSTITUTIONAL AUTHORITIES and SCIENTIFIC CHAIRS:
MASSIMO AGOSTI, FABIO MOSCA, CORRADO MORETTI, LUIGI ORFEO

09:30 – 11:30 | Session 1
Human Milk, Microbiota AND Immunity in Preterm
Liquid Gold or Liquid Complexity: Maximizing the Benefits of Human Milk in the NICU
THREE DILEMMAS TO RESOLVE
1.*Own mother's milk vs. donor human milk: equally protective?*
2. *Fortify to grow, or fortify to harm?*
3. *Engineer the microbiome or interfere with nature?*

ENRICO BERTINO
President
SERTAC ARSLANOGLU
Speaker
ANDREA DOTTA, GUGLIELMO SALVATORI
Interviewer
VALENTINA BOZZETTI
Researcher insight

11:30 – 12:00 | Coffee break

12:00 – 13:30 | Session 2
Opti mize Artificial Nutrition for Preterm Newborn
Feeding the Immature Gut: Navigating the Evidence in the NICU Acute Phase
THREE DILEMMAS TO RESOLVE
1. How much nutrients are too much?
2. Lipid quality matters: which fats, when, and how much?
3. Minimal enteral nutrition: protector or risk?

CARLO DANI
President
NICHOLAS EMBLETON
Speaker
LUCA MAGGIO, SIMONETTA COSTA
Interviewers
MARIA DI CHIARA
Researcher insight

13:30 – 14:30 | Lunch break

14:30 – 15:00 | Meet Professor Coffee

15:00 – 16:30 | Session 3
Prenatal Nutrition and Perinatal Outcome
From Womb to World: How Maternal Nutrition Shapes the Newborn's Future
THREE DILEMMAS TO RESOLVE
1. Supplement more or risk more?
2. One guideline for all?
3. Save now or program for later?

TULLIO GHI
President
FRANCESCA CROVETTO
Speaker
ILENIA MAPPA, GIOVANNI VENTO
Interviewers
SARA GRECO
Researcher insight

16:30 – 17:00 | Chiusura lavori
Conclusioni e prospettive future