

**22nd International Workshop on Neonatology and Pediatrics
and Satellite Meetings**

PRECISION NEONATOLOGY AND PEDIATRICS

President: Vassilios Fanos

T Hotel Cagliari, 21-24 October 2026



Kassiopea Group Srl
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Preliminary program

Wednesday morning 21 October 2026 (Room T1)

Meeting on the European Project BETTER4U on obesity

Presidents Vassilios Fanos (Cagliari, Italy), Dorret Boomsma (Amsterdam, The Netherlands), Georgios Dedoussis (Athens, Greece) Italy

Wednesday afternoon 21 October 2026 (Room T1)

1st Europe-U.S.A. Meeting

Presidents Vassilios Fanos (Cagliari, Italy), Marie Leiner (El Paso, Texas, U.S.A.)

Thursday all day 22 October 2026 (Room T1)

22nd International Workshop on Neonatology

Presidents Vassilios Fanos (Cagliari-Italy), Pier Paolo Bassareo (Dublin-Ireland), Esin Koç (Ankara-Turkey)

Venerdì giornata intera 23 Ottobre 2026 (sala T1)

Congresso di Pediatria +

Presidenti Vassilios Fanos (Cagliari), Francesco De Luca (Catania) Salvatore Savasta (Cagliari), Gianluigi Marseglia (Pavia)

Sabato giornata intera 24 Ottobre 2026 (sala T1)

Convegno "La Pediatria di Famiglia tra presente e futuro"

Presidenti Vassilios Fanos (Cagliari), Osama Al Jamal (Cagliari)

PATRONAGES UNDER THE REQUEST PHASE



Con il patrocinio
dell'Università degli Studi di Cagliari



Con il patrocinio
dell'Ateneo Ospedaliero Universitario di Cagliari



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SCIENTIFIC RATIONALE

We are pleased to invite you to the 22nd International Workshop on Neonatology and Pediatrics to be held in Cagliari, Italy.

This follows the success of the previous 21 editions, 19 in presence and 2 online, which saw the overall presence of about 13,000 participants in presence and 700 online. This 22nd Workshop is an important milestone and is recognized by several international and scientific societies. Some of the world's most renowned specialists from more than 60 different countries have been present in Cagliari in these years. The Workshops have received the High Patronage of the President of the Italian Republic (6 years) and UNICEF (4 years). Due to the organization of this meeting, Prof. Fanos has been awarded in 2021 as "Italian Knowledge Leader" by the National Institute of Tourism, Convention Bureau Italy under the Patronage of Ministry of Tourism. The Workshops have created a network of scientific and human relations that have changed, improved and enriched us all see the History of our Workshop: <https://jpnim.com/index.php/jpnim/article/view/e100224/815>

In 2019 the meeting was followed by the 40th Congress of the Union of Middle Eastern and Mediterranean Pediatric Societies (UMEMPS), founded more than 60 years ago. In 2020 and 2021 the meeting was virtual due to the pandemic. The title of this year workshop, "Precision Neonatology and Pediatrics" underscores the trajectory that necessarily assistance, research and teaching are present today and will follow in the coming years. A view into the present for perinatology and pediatrics through debates and shared experiences from all the world.

This year the proceedings of the Workshop will be published in the "Journal of Pediatric and Neonatal Individualized Medicine" (JPNIM), which is indexed in Scopus and Web of Science, official Journal UMEMPS (Union Middle Eastern and Mediterranean Pediatric Societies) and other 9 important national societies of Italy, Greece, Portugal and Romania. At the end of 2023 JPNIM was awarded a "Journal of High Cultural Value" prize by the Italian Ministry of Culture: the reasons of success are presented in a specific paper of the Journal (J Pediatr Neonat Individual Med. 2024;13(1):e130104. doi: 10.7363/130104). In past years the journals were "Medical and Surgical Pediatrics", "Journal of Chemotherapy", "Journal of Maternal Fetal Neonatal Medicine", "Clinica Chimica Acta" and JPNIM.

Over the years, the Workshop has made its impression on science and has promoted a lively discussion in an always serene and extremely constructive atmosphere. More than 1000 speakers (330 Top International Scientists coming from more than 60 countries). Abstracts were sent by more than 50 countries). In 2024 it was published the volume "A small history of the future. 20 International Workshops on Neonatology and Pediatrics in Cagliari"

This year's meeting is organized in presence and will have the participation of several Presidents of International and National Societies. The main topics that will be discussed cover cutting-edge topics such as neonatology, nutrition, epigenetics, ethics, obesity (first marathon), metabolomics (second marathon), environment, rare diseases, nutraceuticals and many other topics. The meeting is dedicated to neonatologists,

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pediatricians, obstetricians, perinatologists, psychologists, pathologists, laboratory researchers and all those who work with the newborns and children (hospital pediatricians, family pediatricians, nutritionists, pharmacists, obstetricians, midwives, nurses...).

We look forward to welcoming you to this traditional appointment to discuss topics of the present and keep us up to date on the latest results, both in clinical practice and research in neonatology and pediatrics.

The Presidents of the Congresses

Vassilios Fanos (Cagliari, Italy), Osama Al Jamal (Cagliari, Italy), Pier Paolo Bassareo (Dublin, Ireland), Dorret Boomsma (Amsterdam, The Netherlands), Georgios Dedoussis (Athens, Greece), Francesco De Luca (Catania), Esin Koç (Ankara-Turkey), Marie Leiner (El Paso, Texas, U.S.A.), Gianluigi Marseglia (Pavia), Salvatore Savasta (Cagliari)

Wednesday morning 21 October 2026 (Room T1)

Meeting on the European Project BETTER4U on obesity

Speakers from Greece, The Netherlands, Italy



Wednesday afternoon 21 October 2026 (Room T1)

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1st European-U.S.A. Meeting
OBESITY MARATHON

Presidents Vassilios Fanos (Cagliari), Marie Leiner (El Paso, Texas, U.S.A.)

14.30 Chairpersons: Marie Lenier (El Paso, Texas, U.S.A., Vassilios Fanos (Cagliari, Italy)

Moderators: Angelica Dessì (Cagliari, Italy), Michele Mussap (Venice, Italy)

14.40 When risk begins early: omics, obesity, and aging along the US/Mexico border

Kari North (Houston, Texas, U.S.A)

15.10 AAP Guidelines and epidemiologic landscape of childhood obesity: medical-surgical management

Indu Pathak (Staten Island, NY, U.S.A.)

15.40 Cardiovascular problems in obese children

Francesco De Luca (Catania, Italy)

16.10 The European Project BETTER4U on obesity

Giorgios Dedoussis (Athens, Greece)

16.40 Obesity in twins

Dorret Boomsma (Amsterdam, The Netherlands)

17.10 Metabolomics in pediatric obesity

Vassilios Fanos (Cagliari, Italy)

17.40 Liver changes in pediatric obesity

Gavino Faa (Cagliari, Italy)

18.10 Revolutionizing Preventive Care: Holistic Avatar Interventions for Obesity

Marie Leiner, Cecilia Levine BS, J Manuel de la Rosa (El Paso, Texas, U.S.A.)

18.40 Discussion

19.15 Conclusions

Thursday all day 22 October 2026 (Room T1)

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Esin Koç (Ankara-Turkey)

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Patrizia Baire

Chairman: Vassilios Fanos (Cagliari)

9.10 I SESSION: MAGISTRAL LECTURES

Chairperson: Giovanni Monni (Cagliari-Italy)

Moderators: Giuseppe Giannaccare (Cagliari), Melania Puddu (Cagliari-Italy),

9.20 Plastics in perinatology

Antonio Ragusa (Sassuolo-Italy)

9.40 Environment and kidney damage

Gavino Faa (Cagliari-Italy)

10.00 Persistent Ductus Arteriosus today

Massimo Agosti (Varese-Italy)

10.20 The latest news on Retinopathy of Prematurity: what to know, what to do

Domenico Lepore (Rome-Italy)

10.40 Viability of extremely premature neonates: clinical approaches and outcome

Esin Koç (Ankara-Turkey) (to be confirmed)

11.00 II SESSION: KEY QUESTIONS IN PERINATOLOGY

Chairperson: Enrico Bertino (Turin-Italy)

Moderators: Anna Maria Fulghesu (Cagliari-Italy),

Discussant: Claudia Sbaffi (Cagliari)

11.10 Malformations: learned lessons from clinical cases

Andrea Dotta (Rome-Italy)

11.30 Neonatal arrhythmias

Francesco De Luca (Catania-Italy)

11.50 Urea cycle defects

Carlo Dionisi Vici (Rome-Italy)

12.10 Neonatal-onset genetic encephalopathies

Alberto Verrotti di Pianella (Perugia)

12.30 Emergency point of care ultrasound in the NICU

Francesco Raimondi (Naples-Italy)

12.50 Discussion

13.15 Lunch

14.30 III SESSION: EUROPEAN-USA MEETING OF NEONATOLOGY

Chairpersons: Giuseppe Buonocore (Siena, Italy), Marie Lenier (El Paso, Texas, U.S.A.),

Moderators: Maria Antonietta Marcialis (Cagliari-Italy), Cristina Loddo (Cagliari-Italy)

Discussant: Marina Marsan (Cagliari)

14.40 Ethics in Neonatology

Ernesto D'Aloja (Cagliari-Italy)

15.00 PDA scoring: enhancing clinical decision-making and management strategies

Hugo Kiyoshi Kato (El Paso, Texas, U.S.A.)

15.20 Engaging healthcare providers, patients and caregivers as partners in perinatal care: Whole-person approaches for health across the lifespan.

Thenral Mangadu (El Paso, Texas, U.S.A.)

15.40 Pulmonary hypertension

Pier Paolo Bassareo (Dublin-Ireland)

16.00 Importance of ultrasounds in very low birth weight infants

Mariella Vendemmia (Naples-Italy)

16.20 Discussion

17.00 IV CUTTING-EDGE LECTURES

Presidents: Luigi Cataldi (Rome-Italy)

Moderators: Stefano Angioni (Cagliari-Italy),

17.10 Epochal changes in human milk banks

Enrico Bertino (Turin-Italy)

17.30 Neurocutaneous syndromes: history and future

Salvatore Savasta (Cagliari-Italy)

17.50 Lung microbiota: what we know

Diego Peroni (Pisa-Italy)

18.10 Bladder, kidney and brain: unravelling the hidden complexity of pediatric functional disorders

Giuseppe Masnata (Cagliari (Italy))

18.30 Divide and conquer: improving parental understanding of health-related instructions using sequential pictorial instructions

Marie Leiner (El Paso, Texas, U.S.A)

19.00 Final discussion, end of the meeting and CME Test

19.20 OPENING CEREMONY

Introduction: Vassilios Fanos
Greetings of the Authorities

Venerdì giornata intera 23 Ottobre 2025

Congresso di Pediatria +

**Presidenti Vassilios Fanos (Cagliari), Francesco De Luca (Catania)
Salvatore Savasta (Cagliari), Gianluigi Marseglia (Pavia)**

Segreteria Organizzativa

Osama Al Jamal (Cagliari), Angelica Dessì (Cagliari)

Razionale Scientifico

Il congresso di Pediatria affronta numerosi argomenti "cutting-edge" della Pediatria Contemporanea con diverse letture tenute da prestigiosi speaker pediatri universitari, ospedalieri e di famiglia. Dalla Neonatologia alla Pediatria molti argomenti con aggiornamenti significativi sono trattati con alcuni speciali focus sulla Pediatria Generale e Specialistica e sul concetto di ONE HEALTH, per un ambiente a misura di bambino.

Il Workshop 2026 desidera suscitare l'interesse sia degli "addetti ai lavori", e inoltre, vuole rappresentare l'occasione per migliorare le conoscenze e condividere con specialisti di diversa estrazione le novità della ricerca sia nel campo della diagnostica che della terapia, non solo delle condizioni rare più frequenti ma anche di quelle di più recente descrizione.

8.45 SALUTI ISTITUZIONALI

9.00 I SESSIONE: LETTURE MAGISTRALI

Presidente: Claudio Fabris (Torino)

Moderatori: Luigi Mascia (Cagliari), Domenico Minasi (Reggio Calabria)

9.10 Miti e geni

Elisabetta Di Mauro e Liborio Stuppia (Chieti)

9.50 La nascita in Italia: dalla storia al futuro

Luigi Orfeo (Roma)

10.10 Cambiamento climatico: quali effetti sulla salute perinatale?

Fabio Mosca (Milano)

10.30 Immunità e allergia: una sottile linea di confine

Gianluigi Marseglia (Pavia)

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10.50 Le nuove terapie di precisione in reumatologia pediatrica

Angelo Ravelli (Genova)

11.10 II SESSIONE: IL NEONATO AL CENTRO

Presidente: Viviana Marinelli (Cagliari)

Moderatori: Antonio Cualbu (Nuoro), **Roberto Minelli (Cagliari)**

Discussant: TBD

11.20 Epilessie genetiche

Dario Pruna (Cagliari)

11.40 Cardiopatie congenite e sindromi

Paola Neroni (Cagliari)

12.00 Approccio alle malattie metaboliche neonatali

Marta Balzarini (Cagliari)

12.20 Update sulla gestione del dolore nel neonato

Cristina Loddo (Cagliari)

12.40 Il microbiota dalla nascita allo svezzamento

Nicola La Forgia (Bari)

13.00 Discussione

14.10-14.30 Presentazione libro (NO ECM)

XXX anni di Convegni Neonatologici, Pediatrici ed Infermieristici Normanni

di Salvatore Vendemmia (Aversa)

14.30-14.50 Presentazione libro (NO ECM)

Metabolomica Clinica. Guida pratica all'interpretazione del referto metabolomica

di Vassilios Fanos (Cagliari) e Carla Marzetti (Bologna)

14.50 III SESSIONE: HOT TOPICS

Presidente: Gianfranco Temporin (Rovigo)

Moderatori: Elisabetta Coni (Cagliari), Consolata Soddu (Cagliari)

Discussant:

15.00 Aggiornamenti sul trasporto neonatale in aereo

Francesca Cioglia (Cagliari)

15.20 Medical humanities in Terapia Intensiva Neonatale

Elena Curridori (Cagliari)

15.40 Insulino-resistenza: stiamo perdendo una generazione

Oscar M Aguilar (El Paso, Texas, U.S.A.)

16.00 Il Pediatra di famiglia e il neurosviluppo

Osama Al Jamal (Cagliari)

16.20 Neurosviluppo e neurodegenerazione

Michele Mussap (Venezia)

16.40 Discussione

17.00 IV SESSIONE: **MARATONA ONE HEALTH, BAMBINO E AMBIENTE**

Presidente: Salvatore Vendemmia (Aversa-Italy)

Moderatori: Alessandra Reali (Cagliari), Manuel Scarano (Cagliari)

17.05 L'approccio One Health del Pediatra

Giorgio Bracaglia (Viterbo)

17.25 Alimentazione e interferenti endocrini: dal grembo materno all'adolescenza

Maria Elisabeth Street (Parma)

17.45 Il progetto AMBO (Alleanza Bambino e Ambiente)

Sergio Bernasconi (Parma)

18.05 Il ruolo della Medicina Ambientale

Prisco Piscitelli (Bruxelles e Lecce)

18.25 Una dieta sana per un bambino sano

Alice Bosco (Cagliari)

18.45 Il ruolo della Comunicazione

Angelica Dessì (Cagliari)

18.45 Discussione Finale, conclusione lavori e questionario ECM

Sabato giornata intera 24 Ottobre 2026 (sala T1)

Convegno "La Pediatria di Famiglia tra presente e futuro"

Presidenti Vassilios Fanos (Cagliari), Osama Al Jamal (Cagliari)

9.00 Saluti Istituzionali

9.10. I SESSIONE

Presidente: Osama Al Jamal (Cagliari)

Moderatori: Donatella Gariel (Cagliari),

Lecture magistrali

9.10 La Pediatria di Famiglia tra presente e futuro

Antonio d'Avino (Napoli)

9.35 Riflessioni di una vita da Pediatra in un mondo che cambia

Nicola Roberto Caputo (Palazzolo sull'Oglio)

10.00 II SESSIONE SULLA CRESTA DELL'ONDA

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Presidente:

Moderatori: Danila Manus (Cagliari), francesca Birocchi (Cagliari)

10.10 Il follow-up del neonato a rischio (da confermare)

Cecilia Argentina (Rimini)

10.40 Alimentazione complementare (da confermare)

Raffaella De Franchis (Napoli)

11.00 Esperienze Real Life: il polimetilxiloxano polidrato nel trattamento della diarrea acuta infantile

Antonello Arrighi (San Giovanni Valdarno)

11.20 Novità in tema di enuresi

Rita Caruso (Monza)

11.40 Screening del diabete: a che punto siamo?

Carlo Ripoli (Cagliari)

12.20 Update sulla prevenzione dell'infezione da VRS (NO ECM)

Chiara Azzari (Firenze)

12.40 Discussione

13.10 LUNCH

14.30 MARATONA SULLA METABOLOMICA

LA METABOLOMICA NELL'AMBULATORIO DEL PEDIATRA DI FAMIGLIA: OGGI SI PUÒ

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Presidenti: Luigi Atzori (Cagliari), Michele Mussap (Venezia)

Moderatori: Marianna Ligas (Cagliari), Mario Moi (Cagliari)

14.40 Come la metabolomica ha cambiato il mio modo di fare il Pediatra

Gianfranco Trapani (Sanremo)

15.00 Metabolomica e probiotici

Flaminia Cesare Marincola (Cagliari)

15.20 Metabolomica e autismo

Angelica Dessì (Cagliari)

16.00 Metabolomica e nutrizione

Simona Alessandri (Roma)

16.20 Metabolomica e obesità

Cristina Piras (Cagliari)

16.00 Metabolomica e problemi odontoiatrici

Antonio Noto (Cagliari)

16.20 Sportomica: la scienza della metabolomica al servizio dello sport

Vassilios Fanos (Cagliari)

16.40 Metabolomica e microbiomica: le interconnessioni (NO ECM)

Carla Marzetti (Bologna)

17.00 Il cibo parla al microbiota (NO ECM)

Paolo Mainardi (Genova)

17.20 Intelligenza artificiale e discipline "omiche" (NO ECM)

Antonio Colangelo (Trento)

Discussione

Discussant: Federico Cannas (Cagliari), Roberta Pintus (Cagliari), Natalia Zuddas (Cagliari)

18.00 Saranno famose e famosi

Protagonisti: gli Specializzandi di Pediatria della Scuola di Cagliari

Presidenti: Giangiorgio Crisponi (Cagliari), Umberto Pelosi (Cagliari)

Moderatori: Alessandro Canetto (Cagliari), Gabriella Cherchi (Cagliari)

Giuria: Vassilios Fanos, Salvatore Savasta, Angelica Dessì, Alessandro Canetto, Gabriella Cherchi

Vassilios Fanos

A little history of the future

20 International Workshops
on Neonatology and Pediatrics
in Cagliari, Sardinia, Italy



HYGEIA  PRESS

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ABSTRACTS

All the abstract of the lectures will be published in the
Journal of Pediatric and Neonatal Individualized Medicine (JPNIM)
awarded a "Journal of high cultural value" prize by the Italian Ministry of Culture
<https://jpnim.com/index.php/jpnim/article/view/080223/648>

The abstracts must be sent within **5 September 2026** to the following addresses:

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luisaserra@kassiopeanews.com

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[illegible]

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P.P. Bassareo, A. Ashley

Mater Misericordiae University Hospital and Our Lady's Children's Hospital Crumlin, University College of Dublin, Dublin, Ireland

Congenital heart disease (CHD) is present in about 8/1,000 live-born children [1]... TEXT

REFERENCES

- [1] van der Linde D, Konings EE, Stager MA, Witsenburg M, Helbing WA, Takkenberg JJ, Roos-Hesselink JW. Birth prevalence of congenital heart disease worldwide: a systematic review and meta-analysis. *J Am Coll Cardiol*. 2011;58(21):2241-7.
- [2] Calcaterra G, Crisafulli A, Guccione P, Di Salvo G, Bassareo PP. Infective endocarditis triangle. Is it the time to revisit infective endocarditis susceptibility and indications for its antibiotic prophylaxis? *Eur J Prev Cardiol*. 2019 Jun 10. [Epub ahead of print].
- [3] Joshi M, Tulloh RM. Respiratory virus prophylaxis in congenital heart disease. *Future Cardiol*. 2018;14(5):417-25.

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